

Teacher's Guide: Labeling Emotions



What is This?

This resource will provide families with helpful tips for teaching their infants and toddlers about emotions.



How Do I Use This?

1. Review the resource:

Read the handout and understand the topic of the handout.

2. Help families reflect and try:

Send the handout home with families (via newsletter, daily note, email, text, or an app). The handout will help families reflect on how they talk about emotions at home and try new strategies.

3. Engage:

Using the poll (attached to this resource), create and post a large visual (e.g., bar graph on a chart paper; using dot markers or stickers to indicate practices) at the entrance of your classroom. Encourage families to participate in the poll during drop-off/pick-up. As families participate in the poll, check in with families about emotions children are familiar with and those they can learn.

4. Share:

Take a picture of the completed poll and share the poll results with families through the preferred way of communication! Share with families what emotion words you are going to practice in the classroom based on the poll result!

5. Reflect and adjust:

Based on the families' answers to the poll, think about the emotion words that you can try labeling more often in class and specific routines in which you can label and model emotions.





Inawendi-mazina'igan: Wiindeg Inamanji'owinan



Bebakaan inamanji'owag abinoojiinyag dazhiikamowaad awegodogwen ezhiwebak. Ani-nisidotaman enamanji'od, nawaj giga-nisidotaan apane ko wenji-izhiwebizid. Niibowa gegoo gidaa-izhichige wiidookawad giniijaanis ji-odaaked keyaa inamanji'od. Giga-waabanda'igoo gegoo ge-doodamamban endaso-giizhig dazhiikawad giniijaanis.

Gojitoon o'ow wiiwwad giniijaanis!

Ganawaabandan

Akawe, ganawaabandan ezhiinaagozid (nishkaadizinaagozid, mindawed, zhoomingwenid).



Dibishkoo 1: Minawaanagozi giniijaanis endazhi-odaminong. Giwiindamawaa mii apii ji-giiweyeg. Aaniish ezhiichiged?

Dibishkoo 2: Gidizhiwinaa giniijaanis endazhi-dibishkaanid bakaan abinoojiinyan. Baataniinowag mayagi-aya'aag. Aaniin ezhiwebizid?

Wiindan

Ganoodan ezhiichiged miinawaa wiindan enamanji'od.



Dibishkoo 1: "Niwaabandaan ani-miskozheyen. Ginishkaadiz ina? Ingikendaan zanagak mi-sawendamaan ji-maajaasiwan mashi."

Dibishkoo 2: "Gizaanayaa miinawaa gimashkawin. Gidoojaan-imendam ina?" GEMAA "Giwaa-bamin baa-inaabiyan miinawaa zhoomingweniyan. Onizhishin nagishkawadwaa bebakaan aya'aag?"

Waabanda

Gidaa-dibaadodaan enamanji'oyan miinawaa waabanda' inagakeyaa dazhiikaman enamanji'oyan.



Dibishkoo 1: "Ninishki'igon booni'itooyaan minawaanagoziyaan gaye niin. Ingikendaan nishkaadiziyan ani-maajaayang. Maanoo nishkaadizin. Nishkaadiziyaan, inininaam miinawaa imbizaanayaa."

Dibishkoo 2: "Indoojaanimendam onzaamiinowaad miinawaa ombiigiziimagak. Ojaanimendamaan, indizhaa ingoji awibaag jibizaanayaayaan."

Naanaagadawendaman onow, aaniish ezhiichiged iko giniijaanis naasaab ezhiwebak? Nisidotaman enamanji'od giniijaanis (gema ezhiwebizid) da-naadamaagemagad ji-dazhiikawad weweni!r

Feelings Check-in



Endaso-giizhig wiisinid gema gawishimod, gagwejim giniijaanis enamanji'od ("Aaniin enamanji'oyan noongom?"). Wiidookaw ji-wiindeg enamanji'od giishpin zanagandang. Gidaa-gagwejima ge-izhichiged ji-odaaked enamanji'od.

Mii go maanoo giishpin nakwetaagesig-waa abinoojiinyag. Ozhibii'an enendaman waa-izhichiged abinoojiinh!

Aaniin apii waa-doodaman o'ow? Waawiyebii'an bezhig miinawaa gojitoon noongom!

Wiisining Odaminong Gawishimong Giziibiigazheng Gigizhebaawichigenge

Inawendi-izhichigeng: “Inamanji’owini-ikidowinan” Gwejichigaadeg

Aaniin Minik Inamanji’owini-ikidowinan Gekendang Giniijaanis?

Ozhibii’an  inamanji’owin gekendang giniijaanis.

Ozhibii’an igaye  inamanji’owin waa-kikendang giniijaanis!



Maanendam



Moojigizi



Nishkadendam



Ayekozi



Gashkendam



Ojaanimendam



Nishkaadizi



Mino-ayaa



Ishpenimo

Waasamoo-gojichigaadeg, aabajitoon gaagiigidowin, asab, gemaa waasamong ji-nakwetaageyan.

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