


## PREVENT

<u>Tier 1 Supports in Place</u>	Function Based Prevention Strategies				
<p style="text-align: center;"><b>Responsive and Nurturing Relationships in a High-Quality Supportive Environment</b></p> <ul style="list-style-type: none"> <li>○ Give positive attention 5:1 ratio</li> <li>○ Teach behavioral expectations</li> <li>○ Teach peer related social skills</li> <li>○ Use predictable schedules</li> <li>○ Use predictable routines within routines within routines</li> <li>○ Partner with families</li> <li>○ Teach short engaging lessons</li> <li>○ Give clear directions</li> <li>○ State directives in the positive</li> </ul> <div style="display: flex; align-items: center; margin: 10px 0;">  </div> <p style="text-align: center;"><b>Tier 2 Supports in Place</b></p> <p style="text-align: center;"><b>Social Emotional Competence</b></p> <p style="text-align: center;"><i>What to teach, when to teach, how to teach</i></p>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 20%; background-color: #e0e0e0; text-align: center; vertical-align: middle;"><b>Obtain</b></td> <td style="padding: 5px;"> <ul style="list-style-type: none"> <li>● Give lots of positive attention for appropriate behaviors</li> <li>● Opportunities to be spotlighted, be the leader, go first, choose song, etc.</li> <li>● First/then Charts</li> <li>● Embed student choice, preferences</li> <li>● Visuals to support communication</li> </ul> </td> </tr> <tr> <td style="background-color: #e0e0e0; text-align: center; vertical-align: middle;"><b>Escape</b></td> <td style="padding: 5px;"> <ul style="list-style-type: none"> <li>● First/then Charts</li> <li>● Mini Schedules</li> <li>● Individualized reward systems</li> <li>● Visual and verbal reminders about expectations</li> </ul> </td> </tr> </table>	<b>Obtain</b>	<ul style="list-style-type: none"> <li>● Give lots of positive attention for appropriate behaviors</li> <li>● Opportunities to be spotlighted, be the leader, go first, choose song, etc.</li> <li>● First/then Charts</li> <li>● Embed student choice, preferences</li> <li>● Visuals to support communication</li> </ul>	<b>Escape</b>	<ul style="list-style-type: none"> <li>● First/then Charts</li> <li>● Mini Schedules</li> <li>● Individualized reward systems</li> <li>● Visual and verbal reminders about expectations</li> </ul>
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### WHEN CHALLENGING BEHAVIOR OCCURS, TRY THIS FIRST...

1 <sup>st</sup> <b>Connect</b> with the child before you correct his or her behavior	2 <sup>nd</sup> <b>Gather information</b>	3 <sup>rd</sup> <b>Respond Calmly</b>
<ul style="list-style-type: none"> <li>● Acknowledge the child's possible emotion and what you see.                             <ul style="list-style-type: none"> <li>● E.g., "I hear you. I can see you are really frustrated."</li> <li>● E.g., "I see you are angry. It is hard to stop playing sometimes."</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>● Listen and observe to help understand the behavior (why?)                             <ul style="list-style-type: none"> <li>● Who was around?</li> <li>● What was happening before the behavior?</li> </ul> </li> <li>● Ask "What happened?" from all students who were involved</li> </ul>	<ul style="list-style-type: none"> <li>● Model appropriate behavior (breathe deeply, speak calmly)</li> <li>● Redirect to calming strategies or appropriate behavior</li> <li>● Use problem solving steps and Solution Kit- when the child is calm</li> </ul>

### ...THEN RE-TEACH...

Think about the **why?** Remember...*Challenging Behavior is Communication*

Trying to <b>GAIN</b> or <b>OBTAIN</b> something?	<p style="text-align: center;"><b>Examples to Teach/Redirect how to GET/GAIN access appropriately</b></p> <ul style="list-style-type: none"> <li>● <b>Attention:</b> raise hand, tap gently on shoulder, say "look at this" or "I need help."</li> <li>● <b>Tangible:</b> ask for item, ask a peer nicely, ask for turn, ask to join play, ask for more time or to save it for later</li> <li>● <b>Sensory:</b> ask for a hug, ask to use item (e.g. fidget item, a turn, etc.)</li> </ul>
Trying to <b>ESCAPE</b> or <b>AVOID</b> something?	<p style="text-align: center;"><b>Examples to Teach/Redirect how to ESCAPE appropriately</b></p> <ul style="list-style-type: none"> <li>● <b>Attention:</b> Ask to take a break, ask a peer to stop, etc.</li> <li>● <b>Tangible:</b> communicate dislikes appropriately like "no thank you," "I don't like that," or "please, stop."</li> <li>● <b>Sensory:</b> express needs like "it's too loud," "the light is too bright."</li> </ul>

### ...AND REINFORCE

#### Use Positive Descriptive Feedback



- "<Name> you asked nicely for the toy from <Name>; you are a super friend."
- "<Name> thank you for raising your hand to get my attention."
- "Thank you for telling me you needed a break before leaving circle time <Name>."