

Take time to think about each question on the inventory and write out some answers to each. When you complete the inventory, choose a partner at your table to share your reflections with.

Think about a satisfying relationship in your life. Name three things that make it satisfying.

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Think about the messages you received about relationships from your family and culture. Try to put those messages into words.

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Think about yourself as a child. Do you behave in your relationships with children the same way important adults behaved with you (e.g., playful, cautious, honest, patient, etc.)? Try to put into words what you know to be true of your behavior with the children in your life today.

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