



Qhia kom paub txog Cov ntaub ntawv Daws tau Teeb Meem Solution Kit!

Nyob Zoo Cov Tsev Neeg,

Ib qho tseem ceeb kom npaj tau mus kawm rau qib kindergarten yog paub cog kev phooj ywg-tswj lub siab (social-emotional). Qhov no yog paub daws tej teeb meem ntawm kev phooj ywg. Peb chav kawm yuav siv qhov kev kawm daws teeb meem hu ua *Solution Kit* es pab qhia cov menyuum kom lawv paub txog ib qho teeb xwm txheej yam li yog ib qho teeb meem thiab sim daws qhov teeb meem. Cov duab no yeej muaj nyob rau hauv peb chav kawm kom pab peb nco qab.

Cov ntaub ntawv kawm daws teeb meem hu ua *Solution Kit* kuj muaj ib co es tsim los siv rau tom tsev kom thiaj li siv tau thaum muaj tej teeb meem tshwm sim tom tsev. Peb muaj ib thawv es muaj cov ntaub ntawv kawm daws teeb meem hu ua *Solution Kit* es yog tsim rau tsev neeg nrog rau daim ntawv no.

Koj yeej pab tau koj tus menyuum kawm tom tsev es yog:

- Muab cov duab hauv lub thawv family solution kit lo rau tej qhov chaw kom pom (piv txwv, lo rau lub tub yeas, lo rau tus menyuum lub qhov rooj ntawm lub txaj pw) thiab tham txog cov kev daws teeb meem sib txawv thiab lawv txhais li cas.
- Taw qhia thaum koj tau ntsib ib qho teeb meem – ib qho teeb meem twg – thiab qhov tswv yim daws teeb meem twg es koj xaiv. Piv txwv, yog tias koj tsis muaj ntaub so tes lawm, hais kom nrov nrov, "Aub yau, kuv muaj teeb meem lwm; kuv xav tau ib daim ntaub so tes thiab tsis muaj ntaub so tes lawm. Kuv qhov kev daws teeb meem yog qhov twg?" Hais kom koj tus menyuum pab qhia seb kauj ruam twg koj yuav tsum tau ua ntxiv. Ua li nov yuav pom lawm kawm txog qhov qhov txheej txheem ua ntu zus los daws teeb meem.
- Siv cov lus **"teeb meem"** thiab **"daws tau teeb meem"** kom ib sij siv ib zaug kom pab koj tus menyuum swm cov lus ntawd.



Thov, tsis txhob ua siab deb es nug peb yog tias koj muaj lus nug dabtsi txog lub thawv Solution Kit los yog yuav qhia li cas txog kawm kom paub txog kev cog phooj ywg-tswj qhov lub siab xav (social-emotional development)!