

The Children's Book List includes diverse examples of books that can be used to promote social-emotional skills such as feelings and emotions, friendships, kindness, and problem solving. The list is not meant to be exhaustive. Additional books will be periodically added to the list. For more information about individual books, visit the [Children's Books](#) list on the NCPMI website.

Title	Author
ABCs of Kindness	Samantha Berger
A Feel Better Book for Littler Worriers	Holly Brochmann, Leah Bowen
All Are Welcome	Alexandra Penfold, Suzanne Kaufman
Baby Be Kind	Jane Cowen-Fletcher
Be Kind	Pat Zietlow Miller
Buddy the Bulldozer Learns to Calm Down	Arica Marshall
Calm Down Time	Elizabeth Verdick
Can I Play Too?	Mo Williems
Can You Make a Happy Face	Janice Behrens
Eyes That Kiss in the Corners	Joanna Ho
Families	Shelley Rotner
Hair Love	Matthew A. Cherry
Happy Hippo, Angry Duck	Sandra Boynton
How do I feel? A book about emotions	
How Full is Your Bucket? For Kids	Tom Rath
I'm Happy Sad Today	Lory Britain
If You're Happy and You Know It!	Jane Cabrera
It Will Be Okay	Lisa Katzenberger
In My Heart: A Book of Feelings	Jo Witek
Jabari Jumps	Gaia Cornwall
Join in and Play	Cheri Meiners
Julián is a Mermaid	Jessica Love

Title	Author
Language That We All Can Speak	K. Read
Little Fox Has Feelings	Didi Dragon
Meesha Makes Friends	Tom Percival
Meeting Mimi: A Story About Different Abilities	Francie Dolan
On Monday When It Rained	Cherryl Kachenmeister
Poor Little Rabbit	Jörg Muhle
Remarkably YOU	Pat Zietlow Miller
Rex Wrecks It!	Ben Clanton
Roaring Mad Riley	Allison Szczecinski
Stella Brings the Family	Miriam B. Schiffer
Strictly No Elephants	Lisa Mantchez
The Colors of Us	Karen Katz
The Kissing Hand	Audrey Penn
The Many Colors of Harpreet Singh	Supriya Kelkar
The Pout Pout Fish and the Mad Mad Day	Deborah Diesen
Together We Can	Caryl Hart
What If I Know My Feelings ?	Michelle Nelson-Schmidt
When I Am/ Cuando Estoy	Gladys Rosa Mendoza
When We Are Kind	Monique Gray Smith
You Are a Lion! And Other Fun Yoga Poses	Taeun Yoo