



The Children's Book List includes diverse examples of books that can be used to promote social-emotional skills such as feelings and emotions, friendships, kindness, and problem solving. The list is not meant to be exhaustive. Additional books will be periodically added to the list. For more information about individual books, visit the Children's Books list on the NCPMI website.

| Title                                      | Author              |
|--|---------------------|
| ABCs of Kindness                           | Samantha Berger     |
| A Feel Better Book                         | Holly Brochmann,    |
| for Littler Worriers                       | Leah Bowen          |
| All Are Welcome                            | Alexandra Penfold,  |
|  | Suzanne Kaufman     |
| Baby Be Kind                               | Jane Cowen-Fletcher |
| Be Kind                                    | Pat Zietlow Miller  |
| Buddy the Bulldozer<br>Learns to Calm Down | Arica Marshall      |
| Calm Down Time                             | Elizabeth Verdick   |
| Can I Play Too?                            | Mo Williems         |
| Can You Make<br>a Happy Face               | Janice Behrens      |
| Eyes That Kiss in<br>the Corners           | Joanna Ho           |
| Families                                   | Shelley Rotner      |
| Hair Love                                  | Matthew A. Cherry   |
| Happy Hippo,<br>Angry Duck                 | Sandra Boynton      |
| How do I feel? A book<br>about emotions    |                     |
| How Full is Your Bucket?<br>For Kids       | Tom Rath            |
| I'm Happy Sad Today                        | Lory Britain        |
| If You're Happy and<br>You Know It!        | Jane Cabrera        |
| It Will Be Okay                            | Lisa Katzenberger   |
| In My Heart:<br>A Book of Feelings         | Jo Witek            |
| Jabari Jumps                               | Gaia Cornwall       |
| Join in and Play                           | Cheri Meiners       |
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| Title   | Author                      |
|---|-----------------------------|
| Language That We<br>All Can Speak                     | K. Read                     |
| Little Fox<br>Has Feelings                            | Didi Dragon                 |
| Meesha Makes<br>Friends                               | Tom Percival                |
| Meeting Mimi:<br>A Story About<br>Different Abilities | Francie Dolan               |
| On Monday<br>When It Rained                           | Cherryl Kachenmeister       |
| Poor Little Rabbit                                    | Jörg Muhle                  |
| Remarkably YOU  | Pat Zietlow Miller          |
| Rex Wrecks It!  | Ben Clanton                 |
| Roaring Mad Riley                                     | Allison Szczecinski         |
| Stella Brings the Family                              | Miriam B. Schiffer          |
| Strictly No Elephants                                 | Lisa Mantchez               |
| The Colors of Us                                      | Karen Katz                  |
| The Kissing Hand                                      | Audrey Penn                 |
| The Many Colors of<br>Harpreet Singh                  | Supriya Kelkar              |
| The Pout Pout Fish and the Mad Mad Day                | Deborah Diesen              |
| Together We Can                                       | Caryl Hart                  |
| What If I Know<br>My Feelings ?                       | Michelle Nelson-<br>Schmidt |
| When I Am/<br>Cuando Estoy                            | Gladys Rosa Mendoza         |
| When We Are Kind                                      | Monique Gray Smith          |
| You Are a Lion!<br>And Other Fun<br>Yoga Poses        | Taeeun Yoo                  |



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