



# (Xayawaanka) Diinka Tucker Wuxuu Guriga ku Qaataa Wakhti uu Qolaftiisa ku Xaroodo kuna Fakaro

Waa sheeko farshaxaneed loo qorey in lagu kaabbo wax ka barashada “Xirfadda Diinka”

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Diinka Tucker waa diin qumane ah. Wuxuu qoyskiisa kula nool yahey dhijaan ama balli yar.



Marmar, waxaa dhaca waxyaboo xoog iiga cadheysiya.



Sidan ayey ahaan jirtey marka uu Tucker cadhoodo, saaxiibadii iyo qoyskiisaba wax ayuu ku dhufan jirey, laaddi jirey ama ku qaylin jireyba. Asxiibtiisa iyo qoyskiisuba wey cabsoon jireen, murugoona jireen.

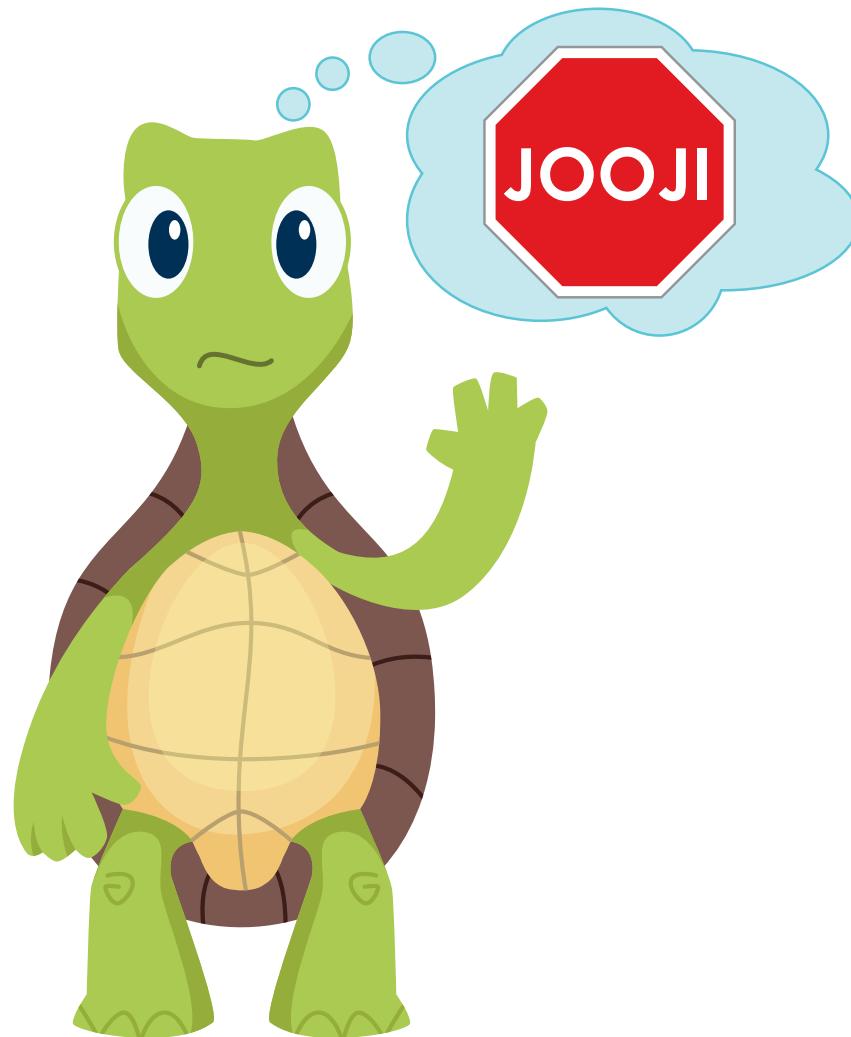


Tucker hadda waxa uu yaqaanaa hab uu  
isku dajjiyo marka uu cadhoodo



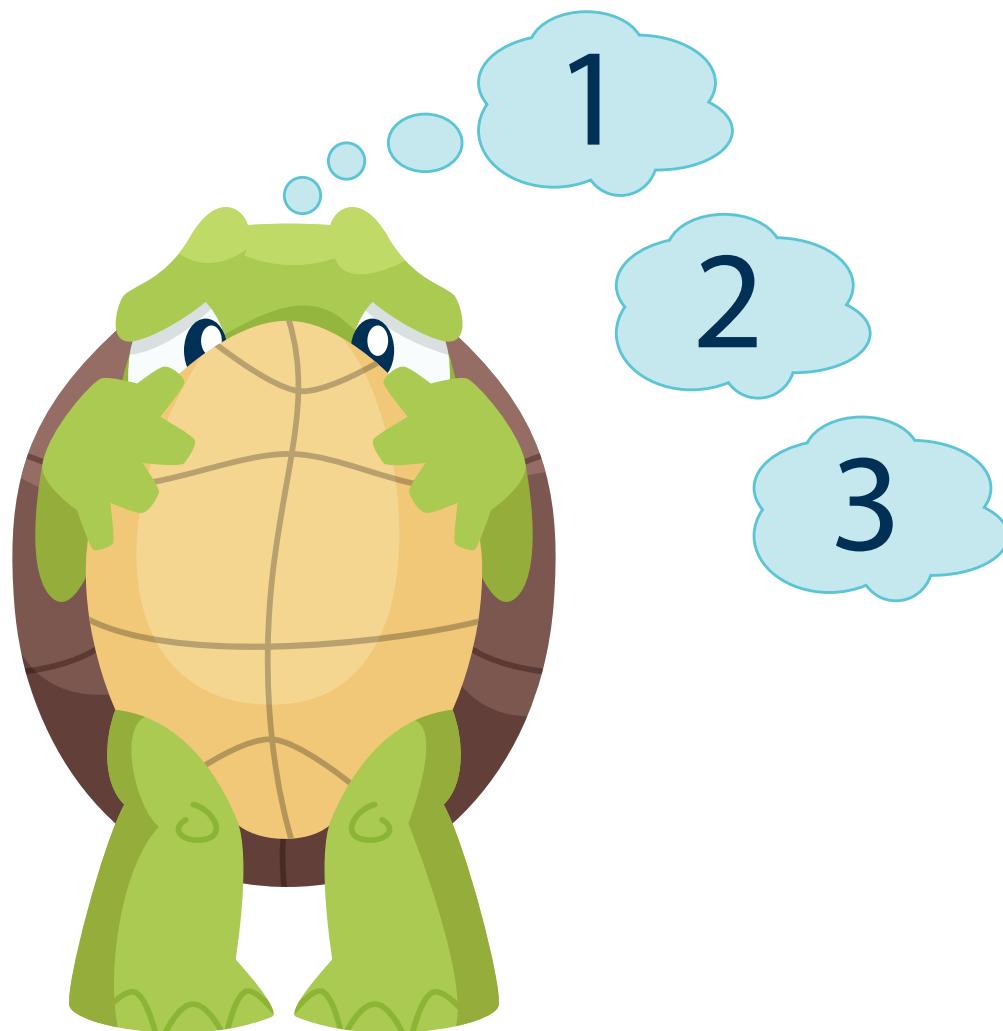
**Talaabada 1**

Wuu joojin karaa in uu qayliyo, kana reebanaan  
karaa gacan qaad/ka hadal!



Talaabada 2

Wuxuu ku xaroon karaa qoloftiisa dabeetana qaadan  
karaa sadex neeftuur oo dhaadheer si uu isu dajiyo.



**Talaabada 3**

Kadib Tucker wuxuu ka fakari karaa  
xal u raadinta mushkiladiisa.



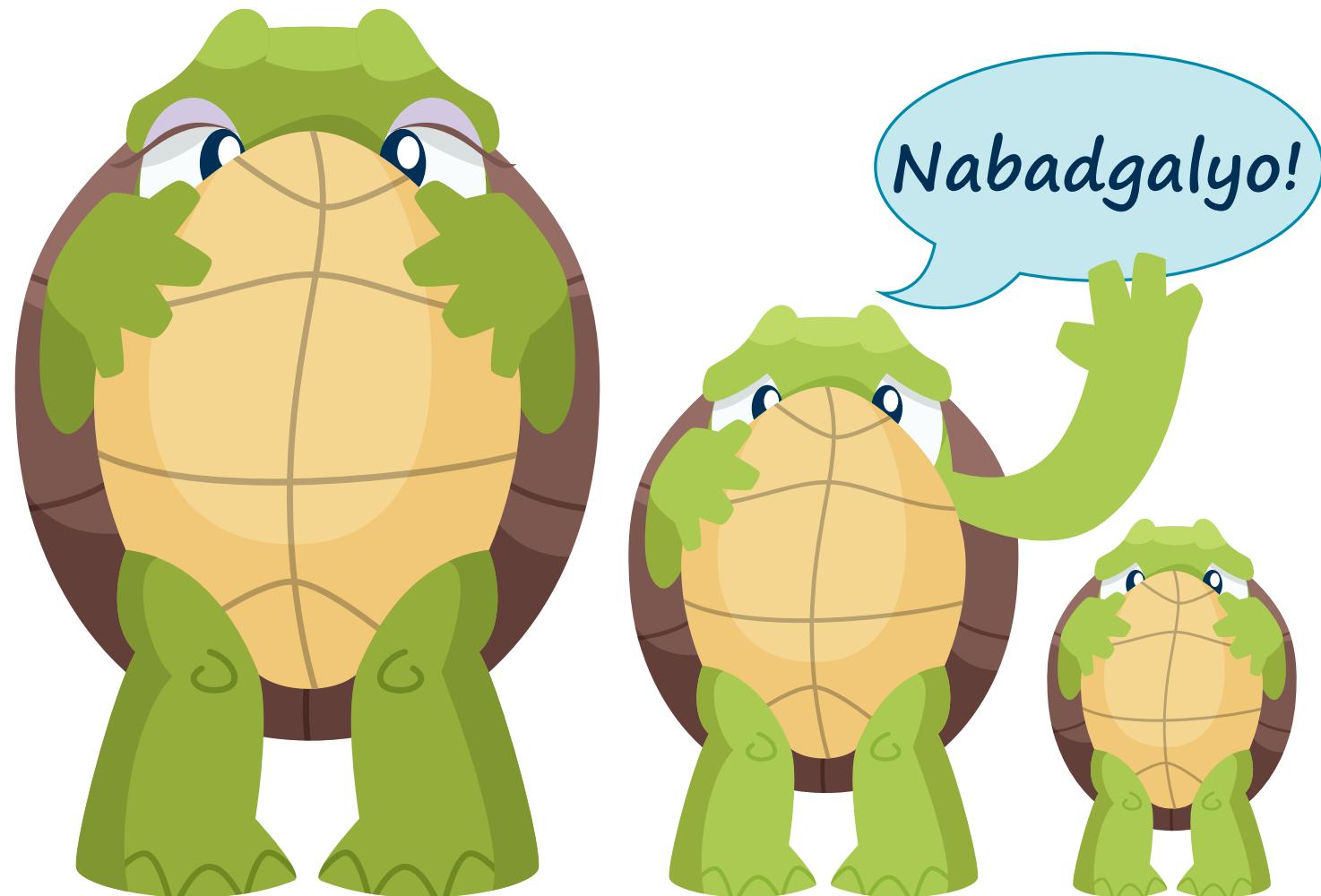
**Talaabada 4**

Marka Tucker hakado ee uu fakaro, jidhkiisu  
wuu daggaa waxaanu dareemaa nafis.

Marka uu u adeegsado gacan naxriis badan iyo  
hadallo dabacsan, asxaabtiisa iyo qoyskiisuba waxey  
dareemaan farxad iyo in ay amaan yihiin.



Qoyska Tucker waxey si wadajir ah uugu tababartaan habka jooji oo fakir iyaga oo isticmaalaya habkan cusub ee Tucker ee qofka lagu dajiyo.



# Ku Tababarro Inaad u Fakirtid Sidii Diinka

Bar caruurtaada talooboo yinka loo maro sida dareenka loo xakameeyo ee la isu dajiyo ("u fakir sidii diin").

- Talaabada 1: Barro dareenadaada.
- Talaabada 2: Nagee oo haki jidhkaaga.
- Talaabada 3: Ku xarood gudaha "qoloftaada" oo qaado 3 neeftuur oo dhaadheer.
- Talaabada 4: Dibadda u soo bax marka aad is dajiso oo ka fakir xal.

## Tilmaammaha Xirfadda Diinka

- La samee ilmahaaga canjilaadda qolof ku xaroodka diinka mar ay xaaladdiisu xasilantahey.
- Maalintaa gudaheeda, samee wakhti ilmaha aad kula tababaratiid sidii uu 3 neeftuur oo dhaadheer uu u sameyn lahaa.
- Marka xaaladda dareen kaagu adagtahey adeegso oo samee talaaboo yinka isdajinta.
- Ku tababaro talaaboo yinkan badiyaa oo ku dhex darso waxyabaha had iyo jeer aad sameysaan (tuseele ahaan ka hor inata aanad bilaabin in aad walaaladaa la ciyaartid, xilliyada aad buugta akhriyeysid, iyo ka hor howl maalmeedka guriga iwm.)
- U isticmaal sawirada kaadh tilmaameedka bogga kan xigga marka aad ku tababaraneysid talaaboo yinka.
- Diyaar unoqo kana caawi ilmahaaga sidii uu u waajiji lahaa haddii niyad jab yimaado ama xasuusi sheekadii ku xaroodka qolofta iyo fikiridda ee sida diinka marka uu cadhoodo ama qaraqmo ilmuu.
- Sii taageero badan iyo koolkoolin marka ilmahaagu isku dayo inuu isticmaalo talaaboo yinkan.
- Aqoonso oo wax fiican ka dheh marka ilmahaagu isdajiyo ee uu xasilaad ku joogo.
- Ka caawi dhamaan xubnaha qoyska oo dhan iney bartaan Xirfadda Diinka ee isdajinta.

# Ka Caawi Caruurtu Iney ka Fakiri Karaan Xalal Macquul ah

- Weydiiso caawimo.
- Dheh "Fadlan jooji"
- Markaaga sug oo qofka kalena u daa markiisa.
- Soo qaado goor sugto ama wax aad wakhtiga ku cabirtid.
- Weydiiso in laabta lagugu qabto.
- Wakhti nasasho ama biririf ah qaado
- Dheh "Maad ila ciyaari"
- Wadaag wax.
- Adeegso erayo naxariis leh.

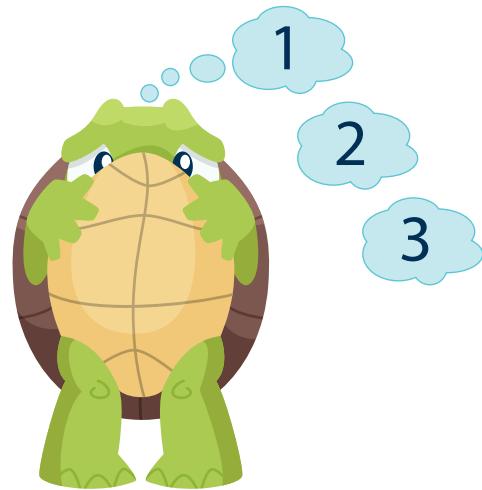




**Talaabada 1.** Barro dareenadaada.



**Talaabada 2.** Nagee oo haki jidhkaaga.



**Talaabada 3.** Ku xarood gudaha "qolofta-ada" oo qaado 3 neeftuur oo dhaadheer.



**Talaabada 4.** Dibadda u soo bax marka aad is dajiso oo ka fakir xal.