

Cov Theem Pab Daws Teeb Meem Cov Ntawv Wrist Cards

Qhia kom paub txog Cov Theem Pab Daws Teeb Meem

Thaum ntsib nrog kev tsis sib haum xeeb ntau tus menyuam mas yeej tsis yog yim kom nrhiav tau lub tswv yim daws qhov teeb meem. Lawv tus xeeb ceeb ua pom tau tias lawv chim los yog meem txom vim yog tsis paub txoj hauv kev kom zoo los mus daws qhov teeb meem. Cov menyuam yaus yuav tsum kom muaj kev cob qhia txog tsi ntsees rau cov Theem Pab Daws Teeb Meem, kom thiaj li paub xav txog ntau txoj hauv kev los daws qhov teeb meem, thiab kom nkag siab tias yeej muaj tej yam kev rau txim rau txhua qhov kev daws teeb meem. Cov xib fwb kuj yuav siv cov ntawv es pab qhia kom daws tau teeb meem los ntawm Problem Solving Boy or Girl and The Solution Kit Cards.

Cov tswv yim daws teeb meem hu ua Solution Kit

https://challengingbehavior.cbcs.usf.edu/docs/SocialEmotionalSkills_solution-kit.pdf

Qhia cov them es yog:

- ▶ Siv qhov es ua yeeb yam ib tug hais ib tug teb
- ▶ Siv cov tshiaj xuas ntaub xaws (puppets)
- ▶ Muab cov duab qhia txog cov them pab daws teeb meem lo ib puag ncig hauv chav kawm ntawv
- ▶ Rov qab saib dua ntawv sau nyeem hu ua *Peb Ua Tau Tus Neeg Daws Teeb Meem!*
- ▶ Txhob txwm npaj ib co “teeb meem” kom pab tau rau cov menyuam xyaum kom paub daws txhua qhov teeb meem.

Tsim daim ntawv Wrist Cards

Npaj cov duab:

- ▶ Nco ntsoov tsim cov “duab” kom khov, nqa tau yooj yim, thiab kom kav ntev.
- ▶ Muab luam rau hom ntawv tuab zog (cardstock), los yog siv kua nplaum lo rau lub file folder, cev muab luam daim yas rau.
- ▶ Siv tus tom ntawv es yog cov tom kom thov ib co qhov rau saum toj ntawm sab laug kom tau ib lub voj vooj ntawm daim ntawv.
- ▶ Muaj plaub daim ntawv kom ua thib rau hauv ib phau ntawv metal ring thiab muab tso rau ib txoj hlua dai yawm sij los yog txog saw hlau dai yawm sij.
- ▶ Tso rau qhov chaw kom ze & rov qab nyeem rau cov menyuam yaus thaum yuav tsum tau nyeem dua.




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Cov ntawv Wrist Cards



Theem 1. Kuv qhov teeb meem yog dabisi?



Theem 2. Xav, xav, xav txog lub tswv sim daws kom tau qhov teeb meem.



Theem 3. Muaj dabtsi tshwm sim yog fias...?
Nws puas muaj kev tsis phom sij?
Nws puas muaj kev ncaj ncees?
Txhua tus neeg yuav xav li cas?



Theem 4. Sim!



Theem 1. Kuv qhov teeb meem yog dabisi?



Theem 2. Xav, xav, xav txog lub tswv sim daws kom tau qhov teeb meem.



Theem 3. Muaj dabtsi tshwm sim yog fias...?
Nws puas muaj kev tsis phom sij?
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Txhua tus neeg yuav xav li cas?



Theem 4. Sim!