## My Teachers Want to Know

We are glad to be open and welcoming you and your child back to our program! As we return, our teachers want to make the transition as smooth as possible. The pandemic has impacted every family in different ways. We want to make sure we are responsive to your child's needs and help you and your child feel supported. To the extent that you feel comfortable, we ask if you would please share any information that would be beneficial for your child's teacher to know. We have provided a few questions below that will help us get a better idea of how things are going and how to support your child. Please feel free to answer only those questions you feel comfortable with.

I.		ve there been any changes to yo school that you want us to know o				•	impact their transition back
		Moved to new location				Change in who is regularly living in the home	
		Change in schedule or routines (e.g., working hours of family member changed so child had to be up earlier)				Change in caregiver (e.g., grandparent with your child	
						during the day, sitter was with child while school was closed) Other:	
2.	Dυ	ring the "stay at home" time awa	(check all that a	pply):			
		missed seeing friends at school.	-			was more anxious and	d nervous.
		enjoyed having more family time.				was frustrated easily or had more meltdowns.	
						was clingy and did not want to leave family members.	
	_	usually go.				had a change in slee	ping patterns.
		was okay with changes in our routines.				l had a change in eating patterns.	
		was worried about someone who was il	l.			Other:	
		seemed sad or withdrawn.					
3.						Talking with them about their feelings Playing a favorite game or a favorite toy. Please specify:	
					Ш		
		Going for a walk				Using visual supports (	(e.g., visual schedule, visual choices)
		Reading a book with an adult					, , , , , , , , , , , , , , , , , , , ,
		Giving them time to calm down					
4.	How can we help you support your child at home? Do you need resources or support to help your child at home with any of the following? (check all that apply):						
		Morning routine		Following direct	ions		Transitioning out of school
		Grooming routine		Playing alone			Trips within the community
		Meal-times		Playing with oth	ers		Other:
		Riding in the car		Handling frustra	tion or	anger	
		Naptime	☐ When a visitor comes			to the house	
		Bedtime			chool		
5.	US	want to be in touch with you and to have communication with eac	h oth	er? (select all		work best for you):	•
	Ц					Notes from home to school/school to home	
		Phone calls (best number)			Ш	School App	
		Texts (best number)					
6.		eeded, please feel free to share ow about your child's time at hon		other informati	on th	nat would be helpfu	ul for your child's teacher to





