

Number of Groups and Length

There are **8 group coaching meetings** for teachers to learn about social-emotional teaching practices, plan to implement a practice, share video, reflect, and provide feedback to peers on their use of the practices. **Each group is 60 minutes.**

Group Topics

The groups are organized by a social-emotional competency area, with each competency area being covered across two meetings. For each competency area, the first group meeting introduces the social-emotional skills and the second group meeting reviews what participants tried in their classrooms related to the social-emotional skill competency area. Below is the sequence of the meeting content.



1. Friendship Skills
2. Friendship Skills Review



3. Emotional Literacy
4. Emotional Literacy Review



5. Self-Regulation and Anger Management
6. Self-Regulation and Anger Management Review



7. Problem Solving
8. Problem Solving Review

Group Coaching Meeting Agenda

- ▶ Opening – 10 minutes
- ▶ Pyramid Model content – 10 minutes
- ▶ Video sharing – 25 minutes
 - Group Meeting 1 – sample videos related to group topic
 - Group Meeting 2 – group member videos related to group topic
 - Reflection and feedback
- ▶ Action planning – 10 minutes
- ▶ Closing – 5 minutes

Materials, Handouts, Example Videos

For a detailed list of all the materials and handouts needed to run each group, see the Table of Contents organized by group meeting. For sample videos, see the Group Video Suggestions handout.