The Early Childhood Mental Health and Wellness Program

For information or to participate in the program, email the program manager at: ecmh.oc@gmail.com

One Mission Early Care and Education providers and families are skilled and competent in providing a nurturing environment focused on social and emotional well-being and behavioral health of all children

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Two Evidence-Based Practices

- ECMH Consultation
 Pyramid Model
- National Technical Assistance Center for Children's Mental Health
 - National Center for Pyramid Model Innovations

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Three Areas of Capacity Building
1. Program

- 2. Classroom 3. Individual/Family
- Early Care and Education Providers and Early Childhood Mental Health Consultants build capacity at the program level, classroom level and individual child/family level

4

Four Guiding Principles

- Culturally and linguistically responsive
 Relationship-based, individualized & collaborative
- 3. Practices are supported to fidelity and sustainable
 - 4. Data driven and evidence-informed
- Early Childhood Mental Health and Wellness Program utilizes four guiding principles to support positive change



Five Program Goals

- 1. Promotion, prevention, intervention
- 2. Parents and ECE providers support the well-being of children
 - 3. Parents support their child's mental health needs
 - 4. Children have access to responsive adults
- 5. Systems to support young children are integrated and linked
- Early Childhood Mental Health and Wellness Program focuses on five goals to prevent suspension and expulsion and connect families to services they may need
 - Early Childhood Mental Health Consultants work collaboratively with Early Care and Education Providers through a six step process to ensure success

Six Steps of Support

- 1. Initiation 2. Needs assessment 3. Plan development
 - **4.** Plan implementation **5.** Transition/sustainability
 - 6. Communities of practice

A program of the Early Childhood Mental Health Collaborative















