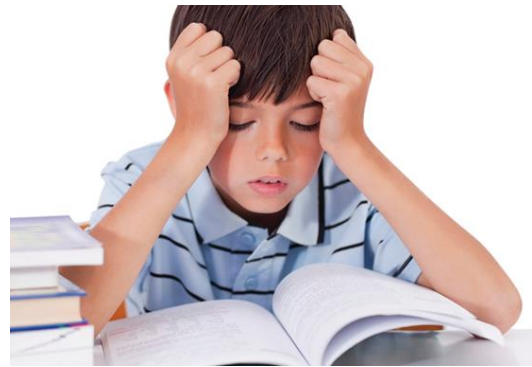




Family Routine Guide Snapshots

Problem: Your child does not want to read.



Directions: Choose one strategy from each column to try (2 strategies total).

Before

How can I prevent challenging behavior?

- **Establish a bedtime routine** that includes quiet reading time. Be sure the routine includes a preferred activity right after reading time.
- **Set a goal** based on time or number of pages to read. - *“Let’s read for 1 minute (set a timer), then we will (preferred activity).”*
- **Provide a choice** of books that include your child’s specific interests.
- **Make a book with your child**, let them draw or write a story and you can add photos of family and friends.
- **Help your child focus** by picking a quiet place to read.
- **Make reading time fun** by reading with animation, using different voices, or involving your child in the story.

During

What can I do when challenging behavior occurs?

- **Make sure your child is not distracted by others or activities going on during reading time.**
- **Review the bedtime routine using first/then language.** - *“First we will finish reading, then we will (preferred activity).”*
- **Remind your child of the goal.** Show your child the timer or number of pages left. - *“Look! Time is almost up! Let’s read one more sentence then (preferred activity).”*
- **Validate your child’s feelings and provide support.** – *“I know reading is hard and you want to (preferred activity). We are almost done! Let’s read the rest together.”*

If challenging behavior continues after trying one of the above strategies, ***provide a clear direction** (e.g., read one more sentence) **and ignore* challenging behavior.**

***If challenging behavior is dangerous, do not ignore.**

Adapted for Team Tennessee/Pyramid Model State Partnership by Vorhaus, E. (2012) Nashville, Tennessee: Tennessee Voices for Children from: Lentini, R., Vaughn, B. J., Fox, L., & Kwang-Sun Blair (2009). Creating teaching tools for young children with challenging behavior (3rd edition). Tampa, Florida: University of South Florida.



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